



# Troche

**Common Use:** Troches are used for medication to be absorbed by oral mucosa to allow it to bypass metabolism by the liver.

**Directions:** Follow the directions for using this medication provided by your doctor. Remove your troche from the tray and place the troche between your cheek and gums. Allow the troche to dissolve slowly. DO NOT CHEW OR SWALLOW THE TROCHE as it may upset the stomach and give less absorption. Allow 10-15 minutes for the troche to dissolve and 30 minutes for it to take effect. Do not eat or drink for 30 minutes after inserting troche into mouth.

**Precaution:** Do not use troche if you are allergic to any ingredient in the troche. Make sure your physician or pharmacist are aware of any other medications you are currently taking including any over-the-counter medications. Troche may cause an unpleasant taste in the mouth. May upset the stomach. Store in a cool dry place. Avoid extreme temperatures and light.



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