



**We're happy to bring you compounded Semaglutide, the weight loss ingredient found in popular injectable products like Ozempic, Wegovy, and Mounjaro. This preparation is non-invasive - a sublingual compounded design to deliver Semaglutide both effectively and safely, using FDA-approved ingredients. By compounding this preparation for you, we can tailor the medication to your specific needs in a cost-effective manner. Read on for answers to the commonly asked questions. As always, reach out to your healthcare provider or pharmacist when needed.**



### **What is this medicine?**

Semaglutide is a glucagon - like peptide (GLP-1) receptor agonist

Pyridoxine, also known as vitamin B6, helps your body use energy from food, produce red blood cells, and ensure your nerves function correctly. It can also help reduce nausea symptoms.



### **What is it used for?**

Semaglutide may aid in the treatment of obesity and chronic weight management in conjunction to a reduced calorie diet and increased physical activity. It may also aid in the treatment of type 2 diabetes mellitus, and may reduce cardiovascular mortality and CV event type - 2 diabetes mellitus patients who have also established cardiovascular disease.



### **What is the most common side effect I can expect?**

Nausea is the most common side effect.

Recommendation to limit nausea: Eat bland, low - processed - fat foods like crackers, toast, and rice. Eat foods that contain water like soups. Avoid laying down after eating. Eat slowly, go outdoors for fresh air.



### **How does it work?**

It aids in weight loss by slowing down stomach emptying and signaling to your brain that your stomach is full. This allows patients to experience less hunger and feel satisfied with fewer calories.



### **What should I monitor?**

Contact your healthcare provider for specific labs to be monitored.



## How should I use this medication?

Place all the contents from one syringe under your tongue. Keep it there for 5-10 minutes before swallowing. Avoid eating or drinking for the next 30 minutes.



## What are some possible side effects of this medication?

Common side effects may include nausea, vomiting, diarrhea, constipation, stomach pain, headache, tiredness, upset stomach, dizziness, bloating, belching, gas, stomach flu, and heartburn. Serious side effects may include pancreatitis, gallstones, low blood sugar, kidney problems including kidney failure, changes in vision in people with type 2 diabetes, increased resting heart rate, depression, or thoughts of suicide.



## What key warnings and precautions should I know about before taking this medication?

Do not use if you or your family have had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). In studies with rodents, Semaglutide and medicines that work like Semaglutide cause thyroid tumors, including thyroid cancer. Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breathe. These may be symptoms of thyroid cancer. It is not known if Semaglutide will cause thyroid tumors or MTC in people.

Tell your healthcare provider if you have pancreas or kidney problems, type 2 diabetes, diabetic retinopathy, take other medications to treat type 2 diabetes such as sulfonylureas or insulin, have mental health issues including depression or suicidal thoughts.

Do not take if you are pregnant or planning on becoming pregnant as this product may harm your unborn baby. Stop using this product at least 2 months before you plan to become pregnant. It is unknown if Semaglutide passes into your breastmilk. Talk with your healthcare provider about using this medication if you are currently or plan to breastfeed.



## What key warnings and precautions should I know about before taking this medication?

Store this in a dry space at room temperature. Store at 68° to 77° F. Excursions permitted to 59° to 86° F. Preserve in tight, light - resistant containers. Keep all medications out of reach of children and pets.